

# Hamptons Community Sports Direction Proposal

## General goals

1. To coordinate programs to eliminate unnecessary duplication and conflicts in scheduling
  2. To provide complimentary programs (and where possible, other forms of aid) that assist our schools in providing sufficient quality physical education time to our children
  3. To plan a united approach to city council in gaining some autonomy over facilities
  4. To gain further access to unused facility time (before and after 6, summer)
  5. To provide impartial, informed, strong leadership to our community in supporting or creating programs that put the needs of our children above the needs of specific interest groups (i.e. individual sports organizations)
  6. To consider the different needs of social, competitive and fitness first participants
  7. To promote accessible sports that allow for.
    - a. *participation in the community (facilities)*
    - b. *no specialized skill set*
    - c. *large number of participants*
    - d. *safe participation*
    - e. *moderate cost*
- example - Soccer, "Baseball", Basketball, Volleyball**
8. To recognize the specific needs of the 10 different groups in our community

### **Group 1 - Preschoolers (0-5)**

1. Developing physical literacy in running, jumping, catching, kicking, throwing and hitting
2. Keeping a loosely structured environment
3. Providing an opportunity for interaction with other children
4. Creating an avenue to involve parents actively in the process

### **Group 2 - grades 1 - 3 (6-8)**

1. Developing a cross sport base of fundamental skills that will allow not only for success in a chosen sport, but also for the ability to move between sports
2. Providing an opportunity for interaction, fitness and personal growth
3. Introduction to general structure

### **Group 3 - Girls grades 4-7 (9-12)**

### **Group 4 - Boys grades 4-7 (9-12)**

1. Developing sport specific skills (but do not specialize in one sport)
2. Introducing but do not focus on competition
3. Providing an opportunity for interaction with other children
4. Working actively with the schools in this area

### **Group 5 - Girls grades 8-12 (13-18)**

### **Group 6 - Boys grades 8-12 (13-18)**

1. Giving equal priority to those who aspire to compete at the highest possible level as well as those who are looking for an active outlet
2. Impartially educating aspiring athletes to the opportunities that are available to them
3. Promoting healthy lifestyles
4. Helping in the development of leadership skills
5. Providing an opportunity for interaction with other children
6. Working actively with the schools in this area

### **Group 7 - Women 18+**

5. Focusing on 'sport for life' and 'sport for fitness'
6. Providing both competitive and non competitive outlets
7. Continuing to provide opportunities for learning
8. Facilitating activities of a co-ed nature
9. Promoting healthy lifestyles
10. Encouraging other avenues of sport participation (coaching, refereeing, organizing)

**Group 8 - Men 18+**

11. Focusing on 'sport for life' and 'sport for fitness'
12. Providing both competitive and non competitive outlets
13. Continuing to provide opportunities for learning
14. Facilitating activities of a co-ed nature
15. Promoting healthy lifestyles
16. Encouraging other avenues of sport participation (coaching, refereeing, organizing)

**Group 9 - Seniors**

17. Promoting healthy lifestyles
18. Facilitating social interaction

**Group 10 - Families**

1. Focusing on 'sport for life' and 'sport for fitness'
2. Facilitating social interaction in a real way (beyond mutual gathering)
3. Strengthening the bonds of community
4. Providing both competitive and non competitive outlets
5. Continuing to provide opportunities for learning together
6. Promoting healthy lifestyles
7. Encouraging other avenues of sport participation (coaching, refereeing, organizing)